



A.P.E SHAPE

Cancellation Policy

All cancellations must be received at least 24 hours before your training session in order to avoid being charged for your session. Clients who do not cancel with 24 hours notice will be charged for the cancelled session.

A.P.E Shape understands that emergencies happen. We will try to provide every client with the opportunity to reschedule short-notice cancellation within two weeks of the original appointment (days and times are dependent on availability). The rescheduling of the short-notice cancellation only applies if A.P.E shape is notified prior to the session start time. No shows are not eligible for the rescheduling without charge.

Real Time Online sessions will be provided a brief recorded demonstration of their routine within 24 hours of the original set date and time. This is to include technical difficulties with your equipment, software or internet connection. No shows (no prior acknowledgment that you cannot attend the online session) are not eligible for a recorded demonstration of the workout.

Refund Policy

A.P.E Shape strives to provide the best possible service to our clients. It is not our policy to refund any unused sessions. In the case, that it has been determined by a Licensed Physician that you are unable to complete any physical exercise (i.e. bed bound) we will honor your unused sessions until you have been cleared to exercise again. Otherwise, all sessions will expire 6 months after the original purchase date.

I have read the above policies and agree to its terms as it applies to my personal training.

Client name: _____

Signature: _____

Date: _____